

# *Digital Health Insights*

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**U.S. FOOD & DRUG**  
ADMINISTRATION

CDRH Digital Health Center of Excellence



# **Digital Health Technologies (DHTs) and FDA's Regulatory Oversight of DHTs**

# Digital Health Technology (DHT)



“A system that uses computing platforms, connectivity, software, and sensors for healthcare and related uses”\*



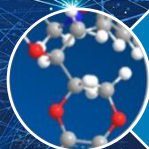
Used as a medical product



Incorporated into a medical product



Used to develop a medical product



Used to study a medical product



Used as a companion or adjunct to a medical product, including diagnostics and therapeutics

\*Definition from FDA-NIH BEST Glossary. Available at <https://www.ncbi.nlm.nih.gov/books/NBK338448/>

# DHTs can transform how we study medical products



## Enable Remote Data Collection in Decentralized Clinical Investigation

- More frequent or continuous monitoring compared to traditional methods
- Longitudinal view of participant's health status
- Improved recruitment and retention of participants leading to less missing data
- Final Guidance: [Digital Health Technologies for Remote Data Acquisition in Clinical Investigations](#)



## Improve Access to Clinical Investigations

- Meet a participant where they are at for a clinical investigation
- Fewer visits to a study site places less burden on participants
- Reach a more diverse population, advancing health equity



## Facilitate Innovative Clinical Investigation Endpoints

- New types of data to inform novel endpoints
- Complementary to other forms of data used to support a regulatory submission



## Capture Real-World Data (RWD) and Patient-Generated Health Data (PGHD)

- Data reflects a participant's daily life
- Remote and longitudinal follow-up with participants beyond the clinical investigation
- More detailed picture of the impact of a medical product on a participant



# FDA's risk-based approach to regulatory oversight of devices, including DHTs



## Not a Device



Software functions that are intended for individuals to log, record, track, evaluate, or make decisions or behavioral suggestions related to developing or maintaining general fitness, health, or wellness, with no reference to a disease or condition

## Intention to Exercise Enforcement Discretion



Software functions that provide periodic educational information, reminders, or motivational guidance to smokers trying to quit, patients recovering from addiction, or pregnant women

## Focus of FDA's Oversight



Software functions that use a sensor or lead that is connected to a mobile platform to measure and display the electrical signal produced by the heart (electrocardiograph or ECG)

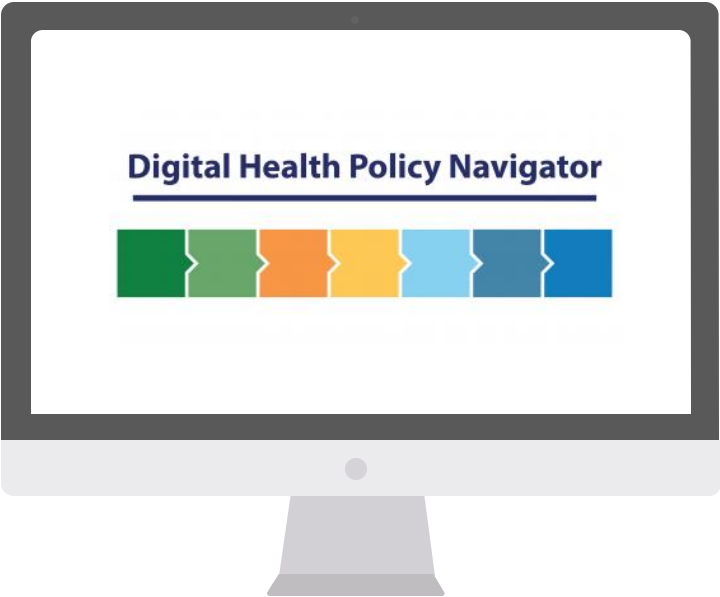
Increasing Risk



# Interactive Overview of Digital Health Policies



The **Digital Health Policy Navigator** helps manufacturers consider whether a software function is potentially subject to or the focus of FDA’s regulatory oversight as a device.



Interactive questions guide product developers to one of four different outcomes, reflecting policies described in relevant digital health guidances.

*Interactive Questions*

- Step 1:** Intended for a medical purpose?
- Step 2:** Intended for administrative support of a health care facility?
- Step 3:** Intended for maintaining or encouraging a healthy lifestyle?
- Step 4:** Intended to serve as electronic patient records?
- Step 5:** Intended for transferring, storing, converting formats, or displaying data and results?
- Step 6:** Intended to provide clinical decision support?
- Step 7:** Does the Device Software Function and Mobile Medical Application Guidance apply?

*Navigator Outcomes*

Icon	Outcome
	<b>LIKELY NOT A MEDICAL DEVICE</b>
	<b>LIKELY FDA INTENDS TO EXERCISE ENFORCEMENT DISCRETION</b>
	<b>LIKELY THE FOCUS OF FDA’S REGULATORY OVERSIGHT</b>
	<b>Your product may be a device. Go to <a href="#">Step #</a>.</b>

# Relevant Guidances for DHTs that are Devices

*Contains Nonbinding Recommendations*

## Multiple Function Device Products: Policy and Considerations

### Guidance for Industry and Food and Drug Administration Staff

Document issued on July 29, 2020.

The draft of this document was issued on April 27, 2018.

For questions about this document regarding CDRH-regulated devices, contact the Division of Digital Health at [DigitalHealth@fda.hhs.gov](mailto:DigitalHealth@fda.hhs.gov). For questions about this document regarding CBER-regulated devices, contact the Office of Communication, Outreach and Development (OCOD), by calling 1-800-835-4709 or 240-402-8010, or by email at [ocod@fda.hhs.gov](mailto:ocod@fda.hhs.gov). For questions about this document regarding CDER-regulated products, contact the Center for Drug Evaluation and Research, Food and Drug Administration, 10903 New Hampshire Ave., Bldg. 51, Rm. 6158, Silver Spring, MD 20993-0002, 301-796-8936. For questions about this document regarding combination products, contact the Office of Combination Products at [combination@fda.gov](mailto:combination@fda.gov).



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## Content of Premarket Submissions for Device Software Functions

### Guidance for Industry and Food and Drug Administration Staff

Document issued on June 14, 2023.

The draft of this document was issued on November 4, 2021.

This document supersedes Guidance for the Content of Premarket Submissions for Software Contained in Medical Devices, May 2005.

For questions about this document regarding CDRH-regulated devices, contact the Digital Health Center of Excellence at [digitalhealth@fda.hhs.gov](mailto:digitalhealth@fda.hhs.gov). For questions about this document regarding CBER regulated devices, contact the Office of Communication, Outreach, and Development (OCOD) at 1-800-835-4709 or 240-402-8010, or by email at [ocod@fda.hhs.gov](mailto:ocod@fda.hhs.gov).



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## Cybersecurity in Medical Devices: Quality System Considerations and Content of Premarket Submissions

### Guidance for Industry and Food and Drug Administration Staff

Document issued on September 27, 2023.

The draft of this document was issued on April 8, 2022.

This document supersedes "Content of Premarket Submissions for Management of Cybersecurity in Medical Devices," issued October 2, 2014.

For questions about this document regarding CDRH-regulated devices, contact [CyberMed@fda.hhs.gov](mailto:CyberMed@fda.hhs.gov). For questions about this document regarding CBER-regulated devices, contact the Office of Communication, Outreach, and Development (OCOD) at 1-800-835-4709 or 240-402-8010, or by email at [ocod@fda.hhs.gov](mailto:ocod@fda.hhs.gov).



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# Multiple Function Device Products



**A product with multiple functions that contains at least one function that:**

- (A) meets the definition of device** under section 201(h) in the Federal Food, Drug, and Cosmetic Act that is the focus of FDA's regulatory oversight; and
- (B) is considered an “other function”**

***Function* is a distinct purpose of the product**, which could be the **intended use** or a **subset of the intended use** of the product

- “Other functions” are not the subject of the FDA's review simply because they are part of a multiple function device product
- However, the FDA may assess the impact of “other functions” when assessing the safety and effectiveness of the device functions-under-review of a multiple function device product

## **“Other Function”**

- Does not meet the definition of a device;
- Meets the definition of device, but is not subject to premarket review (for example, 510(k)-exempt); or
- Meets the definition of device, but for which FDA has expressed its intention not to enforce compliance with applicable regulatory controls

For more information regarding multiple function device products, please see FDA's guidance

**[Multiple Function Device Products: Policy and Considerations](#)**



# Software Submission Content



- Provides recommendations on the information to provide in a **premarket submission for a device that includes a device software function(s)**
- Recommended documentation for a premarket submission depends on the **device’s risk to a patient, a user of a device, or others in the environment of use**
- FDA intends to take a **risk-based approach** to help determine the **device’s Documentation Level**, which is either *Basic* or *Enhanced*

<u>Software Documentation</u>	
Documentation Level Evaluation	Software Design Specifications
Software Description	Software Development, Configuration Management, and Maintenance Practices
Risk Management File	Software Testing as a part of Verification and Validation
Software Requirement Specifications	Software Version History
Software System and Architecture Design	Unresolved Software Anomalies

For more information regarding software submission content, please see FDA’s guidance [Content of Premarket Submissions for Device Software Functions](#)

# Cybersecurity Submission Content



Section 524B(c) of the Federal Food, Drug, and Cosmetic Act (FD&C Act) defines “**cyber device**” as a device that “**(1) includes software validated, installed, or authorized by the sponsor as a device or in a device; (2) has the ability to connect to the internet; and (3) contains any such technological characteristics validated, installed, or authorized by the sponsor that could be vulnerable to cybersecurity threats.**” If your **device meets the definition of a cyber device**, as defined under section 524B(c) of the FD&C Act, you are **required to submit information to ensure that cyber devices meet the cybersecurity requirements under section 524B(b) of the FD&C Act.**

## Security Risk Management

1. Threat Modeling
2. Cybersecurity Risk Assessment
3. Interoperability Considerations
4. Third-Party Components
5. Security Assessment of Unresolved Anomalies
6. Total Product Lifecycle Risk Management

## Security Architecture

1. Implementation of Security Controls
2. Security Architecture Views

## Cybersecurity Testing

1. Security Requirements
2. Threat Mitigation
3. Vulnerability Testing
4. Penetration Testing

## Cybersecurity Transparency

1. Labeling Recommendations for Devices with Cybersecurity Risks
2. Cybersecurity Management Plans

For more information regarding cybersecurity submission content, please see FDA’s guidance [Cybersecurity in Medical Devices: Quality System Considerations and Content of Premarket Submissions](#)

# **Predetermined Change Control Plans (PCCPs)**

# Predetermined Change Control Plans for Devices: Section 515C of the FD&C Act



## 2022 Omnibus Appropriations Bill

Added section 515C to the Federal Food, Drug and Cosmetic Act (FD&C Act), which has provisions regarding PCCPs for devices that would otherwise require a PMA supplement or a new 510(k).



## Scope

This provision applies to all device types—it is not specific to software or AI/ML-enabled devices. It applies to both premarket approvals and 510(k) submissions.



## Predetermined Change Control Plans

PCCPs are planned changes that may be made to the device (and that would otherwise require a supplemental application) if the device remains safe and effective without any change.

- ✓ 515C is in effect and self-executing
- ✓ Manufacturers may submit, and FDA may approve or clear, a PCCP for a device at this time

# Recent Draft Guidances on PCCPs

*Contains Nonbinding Recommendations*  
*Draft – Not for Implementation*

## Predetermined Change Control Plans for Medical Devices

### Draft Guidance for Industry and Food and Drug Administration Staff

**DRAFT GUIDANCE**

This draft guidance document is being distributed for comment purposes only.

Document issued on August 22, 2024.

You should submit comments and suggestions regarding this draft document within 90 days of publication in the *Federal Register* of the notice announcing the availability of the draft guidance. Submit electronic comments to <https://www.regulations.gov>. Submit written comments to the Dockets Management Staff, Food and Drug Administration, 5630 Fishers Lane, Room 1061, (HFA-305), Rockville, MD 20852-1740. Identify all comments with the docket number listed in the notice of availability that publishes in the *Federal Register*.

For questions about this document regarding CDRH-regulated devices, contact the Office of Product Evaluation and Quality (OPEQ), Regulation, Policy, and Guidance staff at [RPG@fda.hhs.gov](mailto:RPG@fda.hhs.gov). For questions about this document regarding CDER-regulated devices, contact the Office of Communication, Outreach, and Development (OCOD) at 1-800-835-4709 or 240-402-8010, or by email at [ocod@fda.hhs.gov](mailto:ocod@fda.hhs.gov).

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*Contains Nonbinding Recommendations*  
*Draft – Not for Implementation*

## Marketing Submission Recommendations for a Predetermined Change Control Plan for Artificial Intelligence/Machine Learning (AI/ML)-Enabled Device Software Functions

### Draft Guidance for Industry and Food and Drug Administration Staff

**DRAFT GUIDANCE**

This draft guidance document is being distributed for comment purposes only.

Document issued on April 3, 2023.

You should submit comments and suggestions regarding this draft document within 90 days of publication in the *Federal Register* of the notice announcing the availability of the draft guidance. Submit electronic comments to <https://www.regulations.gov>. Submit written comments to the Dockets Management Staff, Food and Drug Administration, 5630 Fishers Lane, Room 1061, (HFA-305), Rockville, MD 20852. Identify all comments with the docket number listed in the notice of availability that publishes in the *Federal Register*.

For questions about this document regarding CDRH-regulated devices, contact [digitalhealth@fda.hhs.gov](mailto:digitalhealth@fda.hhs.gov). For questions about this document regarding CDER-regulated devices, contact [ocod@fda.hhs.gov](mailto:ocod@fda.hhs.gov). For questions about this document regarding CDER-regulated products, contact [druginfo@fda.hhs.gov](mailto:druginfo@fda.hhs.gov). For questions about this document regarding combination products, contact the Office of Combination Products at [combination@fda.gov](mailto:combination@fda.gov).

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# Proposed Components of a PCCP



**A PCCP is the documentation for a device that includes a description of the planned device modifications; the associated methodology to develop, validate, and implement those modifications; and an assessment of the impact of those modifications**

## **Description of Modifications**

- Detailed description of the specific, planned modifications that may be made to the device, including:
  - Device specifications
  - Performance characteristics

## **Modification Protocol**

- Verification and validation activities, including pre-defined acceptance criteria, that will support each modification to ensure the device remains safe and effective

## **Impact Assessment**

- Assessment of the benefits and risks of implementing a PCCP for a device
- Documentation of the risk mitigations

# Proposed Types of Modifications

Modifications that are appropriate for inclusion in a PCCP include those that:

- Are intended to maintain or improve the safety or effectiveness of the device
- Are specific
- Can be verified and validated

**Modifications included in a PCCP must maintain the device within the device's intended use** *(sections 515C(a)(2) and 515C(b)(2) of the FD&C Act)*

FDA believes that most modifications to the **indications for use** included in a PCCP would be **difficult for FDA to assess prospectively** to determine whether the device would remain safe and effective

# Proposed Types of Modifications related to DHTs



Modifications that are appropriate for inclusion in a PCCP include those that:

- Are intended to maintain or improve the safety or effectiveness of the device
- Are specific
- Can be verified and validated

Certain changes in device design, including dimensions, performance specifications, wireless communication, components or accessories, or the patient/user interface

Certain changes in software related to device compatibility and/or interoperability (e.g., changes to support device use on additional operating system(s), new data vendors and/or sources, or compatibility with additional devices)

Certain changes in software consistent with the intended use to improve device performance

**We encourage manufacturers to engage early with FDA by submitting a Pre-Submission to discuss a proposed PCCP!**

Pre-Subs can be a helpful way to obtain feedback on:

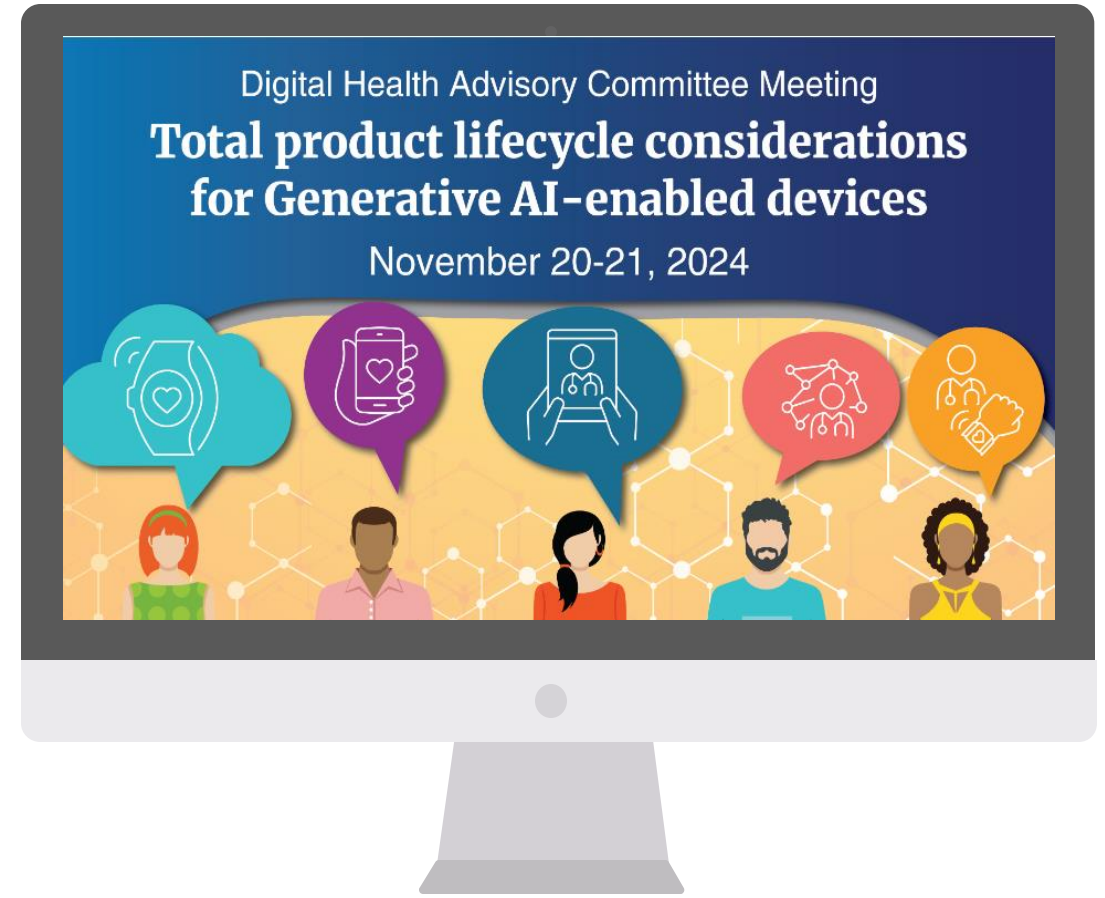
- ✓ A proposed PCCP for a device prior to submitting a marketing submission
- ✓ A proposed submission type for a device and PCCP
- ✓ Specific, proposed modifications for a device
- ✓ Proposed modifications to a PCCP

# Digital Health Advisory Committee (DHAC) will advise FDA on DHTs



On November 20-21, 2024, the [Digital Health Advisory Committee](#) will discuss:

- Total product lifecycle considerations for generative AI-enabled medical devices
- How the use of generative AI may impact safety and effectiveness of medical devices enabled with this technology
- Premarket performance evaluation, risk management, and postmarket performance monitoring for generative AI-enabled devices





# Further Questions or Feedback



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